



Saint John's Academy

460 Hillsdale Avenue . Hillsdale, NJ 07642 . (201)664-6364

September, 2017

Dear Parents,

State law requires that all school children ages 10-18 years of age must be screened for scoliosis, a lateral curvature of the spine. The exam is provided every two years for students in the 5th-8th grades.

Scoliosis is defined as a condition of the spine in which the spine may curve to the left or right. It is commonly found during periods of rapid growth and may progress if not treated. The purpose of this screening program is to recognize scoliosis in its earliest stages. When this population is screened, spinal variations have been detected in 5-10% of the adolescent population and 2% have required active treatment or continued observation.

The procedure for screening is a simple one. The school nurse inspects the student's spine as he or she stands or bends forward. If a spinal problem is suspected, a medical consultation is recommended with your family physician or pediatrician.

During the 2017-2018 school year, 5th and 7th grade students will be screened for scoliosis. For successful screening, all boys should be barebacked, if possible, and girls should wear a bathing suit top or sports bra.

Prior to the screening, a notification will go home to the students and parents with the specific date of the screening.

Sincerely,

Mrs. Annmarie Turrisi, R.N.
School Nurse

I have read the material pertaining to the scoliosis screening.

_____ I give my permission.

_____ I do not care to have my child screened for scoliosis in school but will submit a note from my child's physician.

(Student's Name)

(Date)

(Parent's Signature)